

OUTDOOR PAEDIATRIC FIRST AID

COURSE DURATION	12 hours over two days
CERTIFICATION	3 years
QUALIFICATION	Paediatric First-aider
ASSESSMENT <i>(with an appeals process – details on request)</i>	Continuous by your trainer.
ADDITIONAL SUBJECTS <i>(and bespoke content)</i>	Additional subjects could add extra time to your course. If you require bespoke content, please get in touch.
RENEWAL	Repeat the course. We provide an email reminder service.
MCG POLICIES <i>(details on request)</i>	MCG has an equality and diversity policy and a robust complaints policy and procedure – we treat all opportunities to improve our service with positivity and respect. Our GDPR privacy policy and general terms and conditions are available to view at www.mcgtraining.co.uk .

CONTENT – HSE and Resuscitation Council content-compliant

<p>DAY ONE</p> <ul style="list-style-type: none"> ● Roles and responsibilities ● Incident management ● The unconscious casualty <ul style="list-style-type: none"> ○ Fainting ○ Seizure, including febrile ○ Recovery position – adult, child and infant protocols* ● CPR and safe use of the AED – adult, child and infant protocols ● Choking – adult, child and infant protocols ● Bites and stings ● Anaphylaxis with auto-injector practice ● Poisonous substances <p><i>*To allow for big children and work colleagues</i></p>	<p>DAY TWO</p> <ul style="list-style-type: none"> ● Minor injuries ● Eye injuries and foreign objects ● External bleeding and shock bandaging ● Heat and cold injury ● Burns ● Electric shock ● Asthma ● Diabetes ● Meningitis, septicaemia and sepsis ● Bone, muscle and joint injuries with slings practice ● Head and spinal injuries with manual inline stabilization exercises (MILS and the new spinal recovery position)
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Outdoor-specific content – providing outdoor paediatric first aid specific to trips and forest school:

- Planning your trip
- Outdoor considerations
- Resources
- Welfare kit
- When to worry – dehydration, headache, earache and stomach ache