

## FIRST AID AT WORK

<b>COURSE DURATION</b>	18 hours
<b>CERTIFICATION</b>	3 years
<b>QUALIFICATION</b>	Senior First-aider
<b>ASSESSMENT</b> <i>(with an appeals process – details on request)</i>	Continuous by your trainer. <i>Formal practical assessments and a written assessment will form part of the Ofqual-regulated version of this course.</i>
<b>ADDITIONAL SUBJECTS</b> <i>(and bespoke content)</i>	Additional subjects could add extra time to your course. If you require bespoke content, please get in touch.
<b>RENEWAL (within 3 years)</b>	12-hour FAW Requalifier. We provide an email reminder service.
<b>MCG POLICIES</b> <i>(details on request)</i>	MCG has an equality and diversity policy and a robust complaints policy and procedure – we treat all opportunities to improve our service with positivity and respect. Our GDPR privacy policy and general terms and conditions are available to view at <a href="http://www.mcgtraining.co.uk">www.mcgtraining.co.uk</a> .

### CONTENT – HSE and Resuscitation Council content-compliant

<ul style="list-style-type: none"> <li>● Roles and responsibilities</li> <li>● Incident management</li> <li>● Treatment positions</li> <li>● The unconscious casualty             <ul style="list-style-type: none"> <li>○ Fainting</li> <li>○ Seizure</li> <li>○ Recovery position</li> </ul> </li> <li>● Bites and stings</li> <li>● Anaphylaxis</li> <li>● Asthma</li> <li>● Hyperventilation</li> <li>● Eye injuries</li> <li>● Foreign objects</li> <li>● Bleeding, injuries and shock</li> <li>● Bone, muscle and joint injuries</li> <li>● Head and spinal injuries</li> </ul>	<ul style="list-style-type: none"> <li>● Burns</li> <li>● Electrocution</li> <li>● Heat and cold injury</li> <li>● Poisons</li> <li>● Diabetes</li> <li>● Stroke</li> <li>● Meningitis, septicaemia and sepsis</li> <li>● Chest pain</li> <li>● CPR and safe use of the AED</li> <li>● Choking</li> <li>● Quiz and scenario practice</li> </ul> <p><u>Practicals:</u></p> <table style="width: 100%; border: none;"> <tr> <td>Recovery position</td> <td>Autoinjector practice</td> </tr> <tr> <td>CPR + AED</td> <td>Slings</td> </tr> <tr> <td>Bandaging</td> <td>Spinal recovery position</td> </tr> <tr> <td>Treatment positions</td> <td>Scenarios</td> </tr> </table>	Recovery position	Autoinjector practice	CPR + AED	Slings	Bandaging	Spinal recovery position	Treatment positions	Scenarios
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